

INSTRUCTIONS

ORAL SAMPLE COLLECTION



Please read the instructions carefully **before** collecting your sample.

Check that your kit includes:

- Biohazard bag
- Sample transport tube
- Swab
- Barcode label
- Lab requisition form
- Instruction sheet
- Registration card
- Prepaid shipping label
- Return mailer

Warnings, Precautions and Cautions:

- **DO NOT** use the kit if it has expired.
- **DO NOT** apply the liquid in the transport tube directly to skin, nose or mouth.
- **DO NOT** drink the liquid in the bottle or take internally.
- **DO NOT** perform collection within 7 days of taking antibiotics.
- **DO NOT** drink alcohol on the day of collection
- **DO NOT** collect sample during menstruation or within 24 hours of intercourse
- **DO NOT** empty liquid preservative from tube

First Aid Measures:	
IF IN EYES:	Rinse cautiously with water for several minutes. Remove contact lenses, if present and easy to do. Continue rinsing. If eye irritation persists, contact a healthcare practitioner for medical advice or attention.
IF ON SKIN:	Wash with plenty of soap and water. If skin irritation occurs, contact a healthcare practitioner for medical advice or attention.
IF SWALLOWED:	Rinse mouth. DO NOT induce vomiting. Contact a POISON CENTER or a doctor if you feel unwell.
IF INHALED:	If breathing is difficult, move to fresh air and keep at rest in a position comfortable for breathing. If experiencing respiratory symptoms, contact a POISON CENTER or a doctor.

Reagent Composition and Information on Ingredients:	
Chemical name:	Concentration:
HEPES (7365-45-9)	1 - 5%
Ammonium Sulfate (7783-20-2)	1 - 5%

Store unused kit in a dry place at room temperature (15°C to 30°C or 59°F to 86°F) prior to use.

Directions:

1. Register your kit at www.mylabbox.com/register
2. Fill out the laboratory requisition form.
3. Wash your hands.
4. Write your date of birth and collection date on the transport tube in this format: MM/DD/YYYY
5. Carefully insert a swab in your mouth and rotate it against the back of the throat, swabbing it at least 3 times.
6. Gently rub it up and down and against any white patches in the tonsillar area. **Avoid the tongue and cheeks.**
7. Insert the swab into the transport tube. **DO NOT pour out the liquid inside.**
8. Re-cap the transport tube tightly.
9. Place the tube in a biohazard bag. **DO NOT** remove the absorbent pad in the bag. Seal the bag.
10. Place the bag and completed lab requisition form into the box and ship using the postage-paid envelope provided. You can leave the envelope in your mailbox or at any USPS pickup location.

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